



Recruitment

additional 5 consultant psychiatrists recruited

435 referrals

25% decrease from 2021
rate is 2.3x higher than in 2019

Referral Sources



53% from GP
1 in 12 from acute hospital team
37% from other MHS

227 assessments

141 case consultations
92% female
46% 15-17 years old



2022

NUMBERS AT A GLANCE

186 had an eating disorder

66% Anorexia Nervosa
8% Bulimia Nervosa
17% OSFED
5% ARFID
1% Binge Eating Disorder

Complexity

Anxiety and Depression commonest mental health **co-morbidity**
16% had medical diagnosis
1 in 4 self harm/suicidal ideation



258 started treatment

205 offered Evidence Based treatment
(FBT/CBT-E /MANTRA/SSCM/Group therapy)

213 Discharged

almost 70% to GP

